



Norton Road Primary School Safeguarding Curriculum

2025-2026

Year 5						
Year 5	Autumn 1 Being Me in my World	Autumn 2 Celebrating Difference	Spring 1 Dreams and Goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 Healthy Me
Outline Content	Being part of a class team Being a school citizen Rights, responsibilities and democracy (school council) Rewards and consequences Group decision making Having a voice What motivates behaviour.	Challenging assumptions Judging by appearance Accepting self and others Understanding influences Understanding bullying Problem solving Identifying how special and unique everyone is First impressions	Hopes and dreams Overcoming Disappointment Creating new, realistic dreams Achieving goals Working in a group Celebrating contributions Resilience Positive attitudes	Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength	Jealousy Love and loss Memories of loved ones Getting on and Falling Out Girlfriends and boyfriends Showing appreciation to people and animals	Being unique Having a baby Girls and puberty Confidence in change Accepting Change Preparing for transition Environmental change
Safeguarding focus	- Protecting yourself from online identity theft. - CEOP online training. - Understanding bullying. - Anti bullying week – school theme – - Celebrating differences - PSHCE, growing up and changing bodies		- Healthy friendships. - Using social networks, digital citizenship - Celebrating inner strength and assertiveness. - Alcohol - Online Safety talk – cyberbullying and online safety - online safety week – national and school theme		- Plagiarism - Road safety - Who helps us? – knowing who to turn to in different situations – - Healthy and Safe relationships – making safe relationships and recognising safe relationships at home Staying safe on line - To identify who to speak to if you have a worry	

	• Respecting different beliefs - What do different people believe about God? • Roles and responsibilities – being a good citizen, online British values • Understanding the risks of Vaping and smoking/peer pressure.		• Body Smart and Brain Smart – drugs alcohol and tobacco – saying no to temptation • Being proud of who you are		• To use the worry box • Understanding the risks of Vaping and smoking/peer pressure.	
Special Events	World Animal Fire service talk Police PSHE contextual safeguarding issues	Children in Need Anti-Bullying week Cyber safety NSPCC- pupils and parents	Safer Internet Day Sports relief	Healthy Me Week NSPCC – Pants workshops/assembly	Road Safety Mental Health Week	Pants-NSPCC