



Norton Road Primary School Safeguarding Curriculum

2025-2026

Year 3						
Year 3	Autumn 1 Being Me in my World	Autumn 2 Celebrating Difference	Spring 1 Dreams and Goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 Healthy Me
Outline Content	Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings	Assumptions and stereotypes about gender Understanding Bullying Standing up for self and others Making new friends Gender diversity Celebrating difference and remaining friends.	Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success	Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food	Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness
Safeguarding focus	• Fire Safety • Stranger Danger • Personal Hygiene – keeping clean and healthy • Anti-bullying week- standing up for myself. • Mental health awareness • Staying safe online • Follow the Digital Trail digital footprints		• Road safety talk • E-safety- including safer internet day. • Medicine safety • Online safety week - focus week with national and in school focus		• Keeping safe (physical contact) • Secrets • Travel safety, road safety and general travel safety • water safety – • Healthy relationships – (domestic violence) – • My body/your body – safe touching	

		• Stranger danger and keeping safe around animals - Managing risks • Identifying safe adults who we can talk to	• Staying safe away from home – managing risks, managing feelings.
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	🔍 Can you tell what someone believes by what they look like?		🔍 Using the worry box in our classrooms.		• Being different - How does what believers do show what they believe? • Bullying/racism Feeling good to be me! • Mental health being confident	
Special Events	World Animal Fire service talk	Children in Need Anti-Bullying week NSPCC-children and parents NSPCC-PANTS	Safer Internet Day Sports relief	Healthy Me Week NSPCC – Pants workshops/assembly	Road Safety Mental Health Week	NSPCC-PANTS

