



Norton Road Primary School Safeguarding Curriculum 2025-2026

Year 1

Year 1						
Year 1	Autumn 1 Being Me in my World	Autumn 2 Celebrating Difference	Spring 1 Dreams and Goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 Healthy Me
Outline Content	Self-identity Understanding feelings Being in a classroom Being gentle Rights and responsibilities	Identifying talents Being special Families Where we live Making friends Standing up for yourself	Challenges Perseverance Goalsetting Overcoming obstacles Seeking help Jobs Achieving goals	Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
Safeguarding focus	- Bonfire night safety - fire work safety - Halloween (being safe). - Staying safe in school – stranger danger, not opening doors, telling an adult if you see something strange - Managing feelings and behaviour Online Safety - passwords private. safety on the internet - Road safety – how to cross the road and use pavement - Anti-bullying week		Healthy relationships - Stranger Danger - what to do if.... how to keep safe when outside, how to deal with a problem, a stranger etc. - Healthy Me – through PSHE - NSPCC PANTS Rule		Who can help us? - Relationships work in PSHE - Keeping our bodies healthy Sun Safe - using sun screen/ sun hats - Tolerance and understanding – taught through RE Unit - Identifying safe adults who we can talk to - Using the worry box in our classrooms.	

Special Events	World Animal NSPCC-PANTS Fire service talk	Children in Need Anti-Bullying week NSPCC- children and parents	Safer Internet Day Sports relief	Healthy Me Week NSPCC – Pants workshops/assembly	Road Safety Mental Health Week PANTS-NSPCC	Children's Trust Day
-----------------------	--	---	-------------------------------------	--	---	-------------------------